



Spirituality With Purpose | Rev. Dr. Michael Beckwith

[00:00:00] Guest Intro - Rev. Dr. Michael Beckwith

Darin: What's up everybody? This is Darin Olien. This is The Darin Olien Show. What's happening? What's going on? How's your life? How are you? How are your relationships? How are your dreams? Are you pursuing them? Are you writing them down? Come on, you gotta do that. We don't want life to happen to us. We want to be a co-creator in it that needs that power of the mind. It needs that discernment between what is yours and what isn't yours. Your prayer in life is every thought. Moving forward, think about that. Every thought is your prayer of manifestation, so what are you thinking about? What are you ruminating about? Are you in a practice that is there to uplift and transforms your life or are you reacting to it? This and so much more, we talk about a little bit and a lifetime's work that Reverend Dr. Michael Bernard Beckwith, my next guest, has been involved with his entire life, his journey. He is the founder, the CEO of Agape International Spiritual Center. It is a trans-denominational community in LA comprised of thousands of members, local members, global, people all over. The community is highly regarded for its cultural, racial, spiritual diversity and inclusivity. Let me just say straight up, I've known Michael for a long time. I used to go to Agape back in the day when I just moved to LA in 2001. And in 2006 or 2005, something like that, I got connected to this incredible country called Bhutan, which we talked about a little bit because that's how I met him. At the Agape Center, Michael was doing some media stuff, and him and I got to sit down and meet for the first time. I reminded them of that, and I am so excited for you to hear about him. Many of you may have already heard about him because he's been practically approaching spirituality, the powerful utilization of meditation, affirmation, prayer, life visioning. He has developed through his lifetime, so you can step in and turn on your conscious evolution and authentic way of living, so you start and continue to live on your purpose. I'm telling you if you want to check it out and vibe in, we also have the video for this. We're outside under a 300-year-old oak tree on my property. Michael has been doing this for a long time. He was in The Secret on Oprah, Ellen, part of the UN General Assembly. He is also a co-founder and president of the Association for Global New Thought, where he hosts conferences featuring world peace initiatives including His Holiness, the Dalai Lama. So people, if you can feel it now, I can feel it. This is an amazing person that has dedicated his life to raising the vibe, raising the intention of our world in a broader, bigger way full of love, joy, and potentiality with no judgment, only inclusivity for a better world, a better tomorrow. And he's involved in so many cool things because he gets it. We talked about clean energy tack and the chemicals in our world. So he's not some of these gurus and things like that. They also eat like crap and stuff, and Reverend is plant-based. That's right. He was like, I can feel the energy of this animal that I'm eating, I cannot do this anymore. So he talked about his enlightenment process around that. When I met him, he was well into taking care of himself, nutrition and adaptogens. He made a cool blend, I get nothing for it, great superfood blend, AdaptoZen, kind of the best name ever. Again, I get no proceeds from it at all. I just want to say, I'm grateful and honored. It's my good friend and badass, and a big shout out to Shawn Stevenson from The Model Health Show. He reunited us and put us together because he's very good friends with



Michael Beckwith. If you haven't checked out the show, check out his show. He dives into and lets the science speak and uncovers maybe things that you didn't know. He brings them into light. So check his show out. We love Shawn. So kick back, relax, and enjoy the incredible, the beautiful, Dr. Reverend Michael Bernard Beckwith.

[00:05:29] Podcast Intro

Darin: You are listening to The Darin Olien Show. I am Darin, and it is my life's mission to find and share healthy and sustainable ways of living. In this podcast, I talk to inspiring people and professionals from around the world to uncover ways that we as humans can improve our lifestyles, strengthen our mindsets, and take better care of this beautiful planet we call home. If you're looking for motivation to take the next steps towards a happier, healthier life, then you're in the right place, and I'm stoked that you're here. So let's do this. This is my show, The Darin Olien Show.

[00:06:13] First Part of the Interview

Darin: You know what I love? AdaptoZen. It's what adaptogen should be called.

Rev. Michael: It actually came through Ramsha, who is one of my partners. She had this full-blown kundalini awakening. And I was helping her through it because they were trying to drug her up. And I said, "No, no drugs," and worked with her. Then I told her what I was trying to do with her and her husband, and then she had this dream about AdaptoZen. I said that's it.

Darin: Wow. And were they already involved?

Rev. Michael: They own NutriRise.

Darin: Oh, I see. Just so people can understand, she was having a kundalini awakening, and I can get it. I've been around it before. If you're not aware of what's happening, obviously, it can look like seizure-ish. What was that like?

Rev. Michael: Totally ungrounded, going into different dimensions. Her husband, Basim, was very scared. The individuals who are working with her thought we're trying to put her on pharmaceuticals. And I said, "No, no, no, no, I've seen this," and it's worked with her, and brought her back into a level of stability and put her on miso soup, which balances you out. Most people don't realize that.

Darin: Right, ancient fermentation.

Rev. Michael: Absolutely. Anyway, it was so funny that she was in this really expanded space. So her husband comes up to me the next day, I had my notebook out, and I'm writing down all the ingredients that I want in my formula because people for years have been asking me, "What do you take?" "Why do you have so much energy," etc. So I'm putting it all together and he says, "What are you doing?" And I explained to him, he says, "Really?" He says, "Well, I own NutriRise. And I said, "Oh, I take your ashwagandha.

Darin: Great adaptogen.



Rev. Michael: Yeah. And he says, "Okay, we'll do it for you." I said, "You'll do what?" He says, "We'll take your formula, and we'll produce it for you. From start to finish, you don't have to put up any money at all. We'll do it all for you and we'll become partners and split." I said, really? He was a man of his word. They did it. So when she was in this expanded state, the next morning, we're talking and she says, "Yeah, this is what I want to do. I wanted to take all the profit and give it all to you and Agape," and I could see him tensing up. He was tensing up. I put my hand on his knee and I said, "Just let her complete. She's in the space." And I said, "That's really sweet. It's really beautiful, but if you don't have any profit, it's not going to be sustainable for the business. So let's just work on a really beautiful way of working together, but I really appreciate your heart and your love. But no, we're not going to do that," and he calmed down. I said, "I'm not going to take advantage of your wife."

Darin: Well, just a little backstory, you and I met like 20 years ago. I was actually going to Bhutan originally because of the sourcing of cordyceps because it was so unique back then. It was selling for \$14,000 a kilo. From them, I started to understand the gross national happiness kind of idea of governance, whereas they would only harvest X amount and leave the other so that we could always replenish. Then I started realizing the environmental side. And so this whole thing and then Bhutan and understanding like I was looking at cordyceps, the next thing I know I'm getting all this information on gross national happiness, and I was absolutely blown away and inspired. Then I put that team together and we ended up having a meeting with you and I know you guys were so stoked, but you were still kind of figuring out what you were going to do. Anyway, I ended up finding money, we went and we shot this whole thing, and seeing actual, the harvesting of real wild cordyceps was pretty phenomenal. Also, I started to understand your desire and heard how important health was to you. Obviously, keeping this body temple tuned in and tuned on and the amount of energy that I can only imagine that you have been cultivating for so long. Obviously, it's super important to keep your body in tune.

[00:10:19] Keeping your body in tune for optimum spirituality

Rev. Michael: Extremely, I mean, the body is an optic nerve. As the statement goes, when you have perfect sight, your body lights up from within up. What most people don't understand is that you're really fueling your body so that you can do your dharma. The body has to be strong enough to hold the cosmic energy. So all of the living foods, the right exercise, right hydration, right nutrition is not for vanity, it's actually to be able to hold more energy so that you can do the work that you're called to do on the planet. For me, I've been into it for a long time. I had a spiritual awakening over 40 years ago that was deep spiritual. I could see 365 degrees without eyes, and I could feel the love and the beauty. Then it was a little bit of time after that, I was eating a piece of chicken, and I could feel the pain of the chicken. I mean, I was really very sensitive. And I said, "What's going on with me," and I could feel it. I said, "Oh, I'm not going to eat this anymore." I remember my mother was so concerned because I didn't eat a lot of vegetables in those days. She would say, "What are you going to eat?" I said, "I'm gonna eat vegetables."

Darin: Like a complete flip.

Rev. Michael: It was a complete flip, then that's when I discovered first of all, you don't need direct protein to get protein. And then I discovered about the environmental impact of



overgrazing the lands with cattle, and things of that particular nature. I learned about taking care of the animals. I learned that you don't need direct protein, and I learned about the environment. So it kind of just evolved to the point where I became plant-based. I have never really looked back. Every now and then I'll have something that has something in it, but I'm a flexitarian but mainly vegan. I don't even like putting labels on it. I just eat mainly plants.

Darin: Let's just highlight that even more, you're eating things that feel good to you that line-up and are integrated and light up your body rather than feeling the karmic debt that you now are sensitive to. I love that. I feel like I could talk to you forever because I wrote my first book, plant-based book, called Super life. And I say this all the time, hey, all this stuff is not to obsess about it. Integrate it, habitualize it, so your body feels great, and this chemistry set works for you, and you can kick some ass.

Rev. Michael: You can go forth and do what you call to do. You don't have to be on the flight and fight chemistry all the time. You can produce dopamine and serotonin and the tonic chemicals versus the toxic chemicals. So your immune system is firing properly, your digestion, your assimilation, your elimination. So the body temple is actually the temple of the living God. So when I take care of it in a sweet way, you have plenty of energy to do what you're called to do.

Darin: That's the beautiful thing and I love that. You really got my attention when I started understanding that level of integration. Let's just say many leaders, great things to follow, but there's sometimes a right turn that doesn't make sense. There's no integration, they're not taking care of themselves, I've met many along the way. Then at some level, cool, there's a message but then when you're not fully integrated in all of these ways, then some of that message can be lost or limited.

Rev. Michael: Absolutely. I know great gurus that can really attain a certain level of consciousness but then their assistants will call me and say, "Hey, he's sick. He's overweight, he's obese." He's channeling the great consciousness, but the body temple is deteriorating at a rapid pace. So I think it's spirit, it's mind, it's body, and you have to basically deal with all of it. We're spiritual beings having a human incarnation. So the body temple is a vehicle for communication and light, love and beauty and creativity, so why not take care of it. Again, it's not about vanity. It's about allowing the body temple to be able to carry luminosity and light. You take care of your mind hanging with high-minded open-hearted people. I always say it's not food for thought, you have thought for food. You make sure you're in a high conversation, you're reading the good stuff, so you have good thoughts for food. Then take care of the spirit with your affirmative prayer, your meditation, your life visioning, your particular practices that you will do to align the body with the light. And after a while, it's not hard. It's not like oh, I gotta get up and do all of this. It just becomes a part of your life the same way that other habits have become a part of people's life. You allow good habits to become a part of your life and start thinking about it. It's what you do on a daily basis.

Darin: Probably like you, do I obsess over what I'm eating? No, because it's so ingrained in my subconscious that I'm taking care of myself so I'm not running around obsessed over what I'm eating, and that's the difference. People see that from the outside going, oh, there's no way I can eat like that. What do you say to people like that?

**[00:15:27] No need to obsess over your diet**

Rev. Michael: Everyone is the same. The only thing that separates us is our habits. So that once you start a habit of health, and it becomes a habit, you don't think about anymore, it's just what you do. You drink good water, you eat living foods, you have good supplementation, and it just becomes a part of your life. But in the beginning, some people can become overzealous and become like you say, obsessed, don't eat that, don't do that. Like when people stopped drinking, all of a sudden, they wouldn't know what to drink, don't drink that. But after a while, you just mellow out. You just take care of yourself. And you're not judgmental. I don't have any judgment on what people do. If they asked me a question and they want to know, I'll break it down for them. But I'm not running around trying to change everybody's habits. I just live my life, be an example, and if they ask, I'll share. But basically, people have been enculturated into bad habits. We have paid advertisement, called the news, corporate autocracy, telling you about the benefits of dairy and things like that and people actually believe that. They actually believe that you need a certain level of meat in order to sustain the body temple, and they actually believe it and it's nonsensical, it's not real.

Darin: That brings me to this part where I heard you talk in some of your sermons and stuff, and it just makes me smile. The second book I'm writing is called Fatal Conveniences. It's kind of obsessively interesting because everywhere I look, personal care products, what kind of clothes we wear, electromagnetic fields, all of these things, there's a type of toxic kind of mess that we've created, and it keeps getting perpetuated. What I see as I keep looking, and I think I'm doing a pretty good job of like, not going, "woah, we're screwed" because the point is to face it, and then to do something different. To me, you feel like the kind of guy that is like that. So you're aware and then what do we do about it? And that's what I love about you. What I perceive about you is that you're very much an action person. You're not just sitting there speaking, which you have a gift of gab, that's for sure as you channel, but what do you do with so much of this? Because every turn we seem to have profits and power over health, true abundance? How do you move forward?

Rev. Michael: There's like two levels. One is understanding that we're on the ark of a revolution evolution, kind of, in which the old paradigm is dying. The old paradigm is for the love of power, rather than the power of love to quote Jimi Hendrix, and that's dying, but we're in the midst of it. So right makes might, profit basically trumps everything. That's the old paradigm, and that's dying now because it's not sustainable, but we're in the middle of it. On one level, our spiritual practices give us a level of protection from the electromagnetic disease and the energy. It's like at Agape, for instance, I had certain devices in the community. I didn't tell the community about it, but it eliminated 4g and 5g, eliminated all the ELF waves. So when you walk into the sanctuary there, you are not affected by that stuff because I bought the equipment and put it in the sanctuary. But here's the deal, when they came in to put it in, they would measure our auric fields without seeing in things of that particular nature and then they would plug in the equipment, and they would show that once they plugged in the equipment, the auric field would be very expanded because we were no longer being impacted by the debris from the electromagnetic fields. But it looked at me and it says yours didn't change. It says yours just stayed expanded, whether we plugged it in or didn't plug it in, my individual auric field. So they say well, he's the teacher and they said, oh, yeah. In other words, my practice kept me protected. However, I did use the technology. I



have technology that I use in my home, in my car. I have a hybrid. The battery is not healthy, so I have to have a certain level of technology in my car that does not allow that battery to affect me. I tell people, get some technology until you can actually hold the field yourself. So we're in a space where a lot of what's out there is not good for us, it's harmful. That electromagnetic debris is harmful to us, it's harmful to our immune system.

Darin: Serious pollution.

Rev. Michael: Serious pollution to the immune system. It creates a condition for disease, a lot of the diseases that people are having right now is because they're in this soup of pollution, electromagnetic pollution. You have to have a spiritual practice and then you have to find what technology works for you. And they're not that expensive, by the way. I have one in my home, a device that goes out 150 square feet up and down that stops all 4g and 5g from coming into my home. Then I have a small one that's portable. You're in it right now because I have it in my pocket.

Darin: Beautiful. Thank you.

Rev. Michael: So it's about 30 feet. It's been verified, it's been tested. It's also out of Germany. His name is Norbert Heuser, I think. And then I have one around my neck and it prevents anyone who has been vaccinated, it prevents any shedding. And if anybody who has been vaccinated wears it, it eliminates the adverse effects of the vaccine but keeps the good stuff. He also has one for food, you just put in your refrigerator, or you put it in your kitchen, and it knocks out all of the GMO stuff or any inorganic stuff in the food. It's quantum.

Darin: We're moving into that space, it's pretty powerful. And now we're able to get more sensitive equipment to be able to actually--

Rev. Michael: You can test this.

Darin: -prove some of these things. This EMF stuff, the scary thing about it is that it's invisible. And if people aren't sensitive, they're just dealing with it, but their bodies literally are being affected by it.

Rev. Michael: Every single day. And many people have lost their sensitivity because they're putting on sugar in their body, carbonated drinks, food that doesn't have any nutritional value. Little by little by little, it's desensitizing themselves. Then they're bombarding themselves with news, which lowers their frequency. So then their body's on fight and flight all the time, and they get addicted to the cortisol rushing through their body and they think that's normal. They don't even know what peace of mind is. They don't even know what ecstasy is with joy. They've lost their way.

Darin: There's so many people and people listening right now, what are some steps you think through the mind-body path? I know you have some visioning, personal visioning steps and programs, and things, but what are some things that people can listen? They know, listen, they know. In the soul level, you know what you're doing and what works and what doesn't. What are some things that people can at least start doing to start developing a better habit toward their own peace? Let's just call that.



[00:22:32] Habits for peace

Rev. Michael: Well, first of all, intention is very important. Without intention, you're a ship in the ocean with no rudder. You're living a life of reaction to whatever is happening in the world.

Darin: There's a lot happening.

Rev. Michael: There's a lot happening and so you're always reacting to it. When you have intention, then your intention opens you up to inspiration. Like if you have an intention to be grateful, you have an intention to grow into your greater self, you've established it as an intention, I want to be a better version of myself every day. Then what happens is, you become now available to obtain inspired thoughts from the infinite that guides you in that direction. Now, if you don't have intention, then you pick up thoughts from what I call the sea of mental garbage. All of the stuff that's going on can then fill your mind and pull you in a direction where you don't want to go. So I say that oftentimes people are living, they have an intention deficit disorder. They have no intention. So they end up being where they don't want to be, but since they didn't have an intention, then they just pull to anywhere. When I wake up in the morning, I go into a deep sense of gratitude. I'm grateful to exist, just grateful. And then I ask, what's my assignment for the day. I just opened myself up, what's my assignment, and then I say, I'm available to have the strength and the wherewithal to complete the assignment that comes by my path. Then I have an intention to grow. So then I go out into the world and whatever comes into my space, obviously, I have tasks that I have to do and things of that particular nature that I'm available, and I know I'm being guided from what I would call divine mind, rather than being pulled by human mind, you see, which is corrupt. So that's on a spiritual level. Then you make sure that you have proper nutrition, proper hydration, proper exercise, proper rest. You know, the most dangerous people in the world are people who don't have a vision. So don't hang around with those people. If you're one of them, change. Don't associate with individuals that do not have a vision of a greater possibility for their life, for their neighborhood, for the world. And I'm not putting anybody down. I'm not judging people, but you actually become the company that you keep. So if you're associating with people that don't have vision, are not speaking about higher possibilities, then you know where your life is going to be in the next three to four years. It's going to be no possibility, and you're going to be constantly reacting to the world. We are cosmic beings having a human incarnation, and we're losing just a little tiny bit of our potential. And primarily, that potential is being used for survival, rather than thriving, rather than energetic creativity, generosity, beauty, art.

Darin: And it takes that conscious step. It takes that I'm intending today, I'm asking of myself something and I'm opening myself up, asking a question without directly getting an answer, in a sense, like you're opening yourself up. And I think that's one of the greatest medicines that is not being used.

Rev. Michael: You're right on target. The Universal presence through universal law will answer every question that you ask, so we have to have an appreciative inquiry. Most people ask the wrong questions. They ask what's wrong, who's to blame, and why me? The universe will answer that question, but it will take you down a spiral of negativity, misinterpretation of your past. But if you ask, how can I serve today, how can I grow today,



how can I give today, how can I be a better version of myself today, you'll get that answer. It may not come like a voice in your head, but you start to be pulled into arenas that answer that question for you, and you'll find yourself month after month after month, being in different environments, being better versions of yourself, and things that you thought were impossible to the small personality that you were last year. You're now living in a whole different frequency, whole different field, a whole different group of people by asking the right questions. As you say, it's great medicine.

Darin: I forgot the title of the book, her name is **[00:26:54]** She was a straight-up science writer, really smart. And she asked herself a question, what's the greatest anti-aging thing I could do? She really looked into it. And lo and behold, do you know what she found? Doing good.

Rev. Michael: That's right. You have it on your head, kindness, pass it on.

Darin: It's literally that simple but if you don't do it, you don't get it. And it's like stepping out of yourself and it's even that doing it for a result. And you know this, but it's like I'm even saying this to remind myself even more that literally kindness without any need for anything--

Rev. Michael: No attachment.

Darin: -is so gifting.

Rev. Michael: Totally being out there without an attachment to an outcome. It's interesting because Harvard has done a lot of tests on this, things that we know - studying what happens when people are kind, people are generous, and then studying what happens to people who are watching somebody be kind and generous, the same tonic chemicals start to flow into their body. The aging process slows down. They get more coherent in the hemispheres of the brain just watching somebody be kind, not even doing the kind act. We are literally wired to support each other, to be kind, to be generous, to be forgiving, to be loving. We've been invaded by all of this toxicity of thought that keeps us insulated and fearful and paranoid about each other, rather than totally giving. And you said something very important that when you get into the habit of doing that, you start to have a personal revelation of this truth. No one can go beyond having a personal revelation, no one can give it to you. Other people can inspire you, but once you have a personal revelation of it, you got it forever. It's like this is it, this works. And I think that if people wake up and say, how can I serve today, how can I give today, what happens is the hands of the givers are never empty. So most people are waking up saying how can I get today, how can I accumulate more today, how can I take? That's how we've been trained in a materialistic society. But if we reverse it, and say, how can I give, how can I share, how can I circulate, you get the first benefit of it because the universe gives you something to give. So you get it first. So you get blessed and you're giving.

[00:29:13] Caldera Lab Ad

Darin: I never used to give much thought to my skincare routine. There weren't enough brands making products that I would actually feel safe to apply to my skin and that is the truth. And on top of that, the idea of finding a routine that would suit my skin and my



schedule was just too much effort. I just blew it off. Nobody has the time or money to try a bunch of different products, look into them, and of course, I'm looking into every single ingredient and most of them are junk until you find one that actually improves your skin. That's why finding Caldera Labs was a blessing for me. They made it easy for me to take care of my skin in a way that fits my routine and my lifestyle. I cleanse my face in the morning and at night using the Clean Slate cleanser. Then in the morning, I use their base layer moisturizer to keep my skin nourished throughout the day. And at night, I use my favorite product from them, The Good, which is a serum that just leaves my skin feeling incredible. It's that easy. Their products are made from completely clean, nontoxic ingredients. And my favorite part about it is their sustainably harvested botanicals, and they're going above and beyond organic and their incredible extraction processes to create the best skincare that actually works. My skin has never felt or looked healthier. If you're ready to take your skincare to the next level, Caldera is offering my listeners 20% off when you head to calderalab.com/darin and use the code DARIN. That's C-A-L-D-E-R-A-L-A-B dot com forward-slash Darin, D-A-R-I-N. You will not regret it.

[00:31:20] Second Part of the Interview

Darin: You've mentioned something really critical before in the sense of you start with that gratitude. We've been trained in this society to just go, what's my list of things that I need to do or have or find or in order to fill this never ending cup.

Rev. Michael: This imaginary void within us. It's imaginary because we have everything.

Darin: What do you think that damn purpose is, other than just this great awakening? I don't want to say it flippantly because I'm really inspired by now and future simultaneous.

[00:31:55] Spirituality and Purpose

Rev. Michael: Our purpose is to reflect and to reveal the cosmos to allow it to become conscious as our life. It's like, everything has a built-in intentionality. An acorn has an intentionality to be an oak tree. A seed of a rose has the intentionality of being a rosebush and proliferating the environment with all of that beauty. We have an intentionality to reflect the entire cosmos. According to our unique pattern, we have this faculty that allows us to think independent of any experience, that means we can create out of nothing. We can create exactly like God, out of nothing. The Big Bang, there was not even a grain of sand that existed. And then out of nothing, Cosmos multi-dimensional universes, solar systems, galaxies, living biology, all the way to us being able to reflect the cosmos, so we get to do the same thing. So our purpose is to do exactly that according to our uniqueness. Everybody has a different-- we all have the same purpose, but we all have different missions. The way they're to do that, maybe they're to be an artist, maybe they're to be a healer, maybe they're to be a teacher, maybe they're to be a shining example at some way. So we have the same purpose, but we all get to do it differently and we do it from a sense of what I say fulfillment, not from a sense of fulfillment. People are trying to go into fulfillment, I'm just going to fill myself with all of this external stuff, but when we start with the awareness then I'm already fulfilled, I already have everything, how can I give it? Then we're fulfilling our purpose, to reflect and reveal the face of divinity if only we can. And I'm not talking religiosity. It's not religion. Religion is a boat. It takes you to the transcendent. And some people just never get



off the boat. They just stay in a boat and they start to fight over the boat. My boat's better than your boat. And they forgot what the boat was up for. The boat is to get you to a destination of being in this transcendent, yet eminent awareness of your oneness with life. So it is about awakening, but awakening to be the soulful artist that we're meant to be.

Darin: It's so beautiful in that way because I don't know where this came from in my life, certainly through challenges. I lost everything I owned on this property that we're sitting. As far as you could see, there was not an insect, blade of grass, nothing, and obviously you grieve through that. But I would never take it back. It gave me so much because the vision I have and starting to manifest. The clean green technologies, the food forests, I'm gonna bump up against a system that I don't believe is correct in terms of free energy, society and sovereignty and all that stuff. I definitely will not back down from that fight. But the gift, again, that's a practice for me. It's not easy to always receive things that are definitely happening to you, getting hit with stuff. But then at some point, you have to shift that, grieve through it. And I want you to speak to that because I know for me, I think it's a freaking superpower of magnitude when you realize nothing is happening to me, it's definitely happening for me.

Rev. Michael: Absolutely.

Darin: Speak to that a little bit because people right now, certainly now of inflation and food shortages and products not showing up and whatever it is, and financially just lost.

Rev. Michael: Well, first of all, you are an example of being the tip of the spear of transformation in evolution. So everything that you're doing in terms of the green, in terms of the sustainability, in terms of the energy, in terms of all of that, you're the tip of the spear of the next stage of our evolving as a species coming out of an old paradigm of control, an old paradigm of profit. You're on that leading edge so that you're going to take the bumps and the bruises of breaking out of that paradigm. Now, everything that we're going through is for us, meaning that there's no problem without a solution, it doesn't exist in a universe. In a universe, there is no such thing as a problem. The problem comes from the word emblem. It means that what we're facing is emblematic of a state of consciousness that's being projected into the world. So there's no problem without a solution. The solution is expanded awareness, possibility, and then action from that possibility. So we're all being pushed out of the caterpillar stage into the butterfly, into the next level of transformation. For some, it's fearful. For some, it's creating paranoia. For some, they're locked in survival. And for others, they have a vision, like you have a vision of possibility. You're being pulled by a vision of what's possible that some people don't even know about. Many people don't even know about you can have free energy. People don't even know about the fact that you can actually for \$165 buy the material to develop a tesla coil that can give you free light and energy. Most people don't even know about that. People are building them in New York right now, so even the next blackout, they're gonna have light. It's happening now in real-time, and most people are just scared. So right now, we're facing a big issue, energy, food, water. Even though the earth is 3/4 water, they keep telling us there's a shortage. There's no shortage. The only thing there's a shortage of is technology to just clean the water. And it's not even a shortage of that, it's just making you believe that there's a shortage. There is no shortage. There's no shortage of anything. You can go online right now, right this moment, anybody who's listening, you can go online now and tap and put into Google "water dispenser that turns water from air." You don't ever have to buy water again. That exists today. So all of the



answers to the problems already exist, but you have to look for them. Going back to what we were saying before, you have to ask the right questions. And then you'll find yourself little by little by little off the grid, having your needs met. Instead of having a big lawn in your backyard, maybe you should grow some collard greens, plant an avocado tree, have some apples, have some herbs. I remember a number of years ago when the major supermarkets were trying to make it illegal for people to grow their own garden saying that it was going to attract mosquitoes, and then we're going to have this disease for the mosquitoes. And eventually, the citizenry woke up and allow us to push back, but they tried. They tried to keep people from having their sovereign gardens. It was crazy.

Darin: I think it's like 33,000 acres of lawn in the United States, we're using all that water when we could actually grow our food. If we did that, I think the stat is if we actually converted those 33,000 acres from lawn to food, we would reverse all the excess CO2, just the United States alone. And you'd have sovereignty back, you'd have food.

Rev. Michael: And that's the movement we're in. I'm looking at my backyard now, I just moved back into a house that I own, and we're already looking at where we're going to put the avocado trees, where we're going to grow the herbs, where we're going to grow whatever. We're going to take as much as possible to do that, and it's essential. We have fossil fuels and if those trucks stop running, and you can't get to the supermarket, what are you going to do? So you better get your water, you better have some food stuffs. We're totally dependent upon a system that could stop any moment. I don't want to make people fearful, but I want to make people progressive in how they think.

Darin: Well, the thing is, too, is there's no downside of that. You grow your own food, guess what, it's healthier. It hasn't been plucked early, it hasn't been trucked out everywhere and fresh, you're connected to it. The microbiological system, you're connected to--

Rev. Michael: It's local, it's right there in your own backyard.

Darin: All of these things and like you said, the air to water technology, we should have had one of those machines 17 years ago. It's amazing.

Rev. Michael: They've been around me. Remember they had one in Flint, and they the water company came in and destroyed it. They won't admit to it. But those machines are in different parts of Africa now where there are droughts. And when I tell people about them, they're like, what, you're making water out of air?

Darin: I mean, the biggest limitation of those is there's power, so you still need the power. We're working on some stuff right now. A good friend of mine who is using some clean tech where he can desalinate on demand, and it's not even excess power. We're creating the power and so all global communities close to the sea will have fresh, clean water. It's a whole nother rabbit hole of some technology that we're going to be incubating.

Rev. Michael: So that there is where we're heading as a species. For us, it seems like it's going at a snail's pace, but in the arc of evolution, it's really going really fast. It's happening. And when we look towards 5, 10, 15, 20 years from now, a lot of the things we're talking about now are going to be in place the same way 40 years ago where I was talking about



spiritual principles and certain ways of eating that are now trending. It's now becoming like a trend. The same things that we're talking about now will start to trend. We're just the pioneers of it.

Darin: We have to face this stuff. I love that because I've observed you walk in thread lines, and you do that so well. And that's awareness, I would perceive because you have to be aware of who's your audience and what can they hear at any particular time and how can I deliver that? Is that a muscle that you've just kind of worked for a while?

Rev. Michael: Absolutely, I've become sensitive to who's in the audience, where am I speaking, so that I can actually speak universal spiritual principles that are not my opinion. They're just laws, just like gravity. Then how can I apply these universal principles to what's happening today? And how can I say it in a way that's not going to shut anybody down? To do it on such a regular basis that what happens is I'll go and speak and I'll say things, I'll start speaking with things that people already know, so then there's a nod, "Yeah, that's true. Yeah, that's true." Then I can start to pepper it with a stretch. They're already doing this, so now they're open. They say, "Mm, hmm. Oh, I never thought about that." But I'm not speaking my opinion, I'm speaking a truth. So then little by little by little, there's an opening. Now, at Agape, it's a mature base of individuals who have for years taking classes, done their own personal spiritual practice, so there's a base of evolved people. When the new people come in, they're being activated by the base. So there's already like a quantum field that becomes contagious so that I can sometimes have to say something that might be challenging, but the base is very powerful that helps the people that are new assimilate it faster. I can remember things I said years ago when people walked out on me. I remember one time, when Bush, George Bush was invading Iraq and I said, he was lying about the fact that he was going to be there for a couple of months to do a few things, and I said, I need you guys to keep the CD for a number of years because what I'm going to say is going to stand to be the test of time. I said he's not gonna be there a couple of months, they're going to be there for years. They're gonna just kill millions of people there, they're gonna destroy, they're gonna loot. I said, you think what I'm saying right now is political, but it's really not. I'm just telling you about a paradigm in which we're living that is running the show. People left the church, the community. Then years later, they came back and said you are right.

Darin: You're playing the long game. You're playing like beyond thier may be acute reservation of seeing those things. I remember this comes up often. You remember, in the '80s when Oprah took a stand. She kind of went out there and kind of started talking about her spiritual side, and wasn't received at all. She actually had to shut it down and then kind of reorient herself. Then of course, later, she has you on and now the world is caught up.

Rev. Michael: Oh, yes. She had a very strong, Midwestern female Christian base. So when she started going outside of that, and started speaking about universal spiritual principles and then remember, she was attacked because she talked about the beef industry. You remember that?

Darin: I'll never eat a hamburger again.

Rev. Michael: Then the beef industry attacked her, and that's when she met Dr. Phil because Dr. Phil then helped her attain some kind of peace going through that. Then that spun off into



the Dr. Phil Show. She made a decision, was she going to be Jerry Springer and do drama, or was she going to be Oprah and speak about possibility of the human condition. And everyone told her that her show is not going to make it if she started doing positive TV, that if she didn't have drama, didn't have negativity, didn't have fighting, that it wasn't going to make it. And she proved everyone wrong and became the number one show on television for years bringing in possibility, bringing in affirmation, and she proved everybody wrong. We've watched the arc of evolution from that which was peripheral that has now become central. Every school kid knows about the law of attraction. Every little kid knows about visualization. It's become a part of the society. But in those days, it was like woo-woo. I used to say people would rather get busted reading porn than get busted reading some metaphysical book. "Oh, do you really manifest?" "No, no, it's porn."

Darin: Yeah, because it's too weird. I remember What the Bleep Do We Know came out. It had a little bit, and then a secret just exploding. You can think about that in terms of consciousness clearly, the consciousness was ready for something.

Rev. Michael: It touched millions and millions of people about the possibility of your own intention, your own mind, your own sovereignty, even though it was built around materialism at the time, how to get stuff, but it still opened the door for oh, I can have a better life, I'm not stuck with my genes, I'm not stuck with where I was born, I'm not stuck with whatever. I can actually change it.

Darin: Just like you said, at least now I'm intending. I'm stepping into that intention zone that I wasn't before because I thought all of this stuff was locked in.

Rev. Michael: My genes and my DNA, where I was born, what side of the tracks I came from, it's my karma.

Darin: What are you stoked on right now? We listen to you every chance and it's just so powerful everything that you do, and I love that you're getting the superfoods out there. Listen, I've been in that world, and it's just so fulfilling to give someone something that they get fulfillment from in so many levels. What are you stoked on right now? What are you really focused on? It could be something that you're taking action on or not.

[00:47:05] Playing the long game

Rev. Michael: Again, you talked about playing the long game. And when I look at the arc of 30, 40 years up to this moment, I can actually see the evolution of our species. Even though we're in the midst of gun killings, racism, we're in the midst of war, I can actually see that it's like the last gasp of an old paradigm. I can see it because I can see the evolution of what's coming in. I mean, you go back a number of years ago, the word compassion was not a part of the Americana. The Dalai Lama introduces Tibetan Buddhism, meditation, compassion, kindness. And so you actually see the evolution of moving from the John Wayne swagger to the Buddha smile within the last 30 years. So I am stoked about what's happening to humanity. Even though if you look at the news, you see the lowest common denominator, the human experience. So this is what I say to people, I say, there are two kinds of reporting going on. There are the reporters from the old paradigm, might makes right. People forget that the news is really paid advertising. Pharmaceutical companies, dairy, meat industries



basically fund the news. So you're gonna get the old paradigm, and then there's what we're doing today. We are reporters of the new paradigm. And our voice is getting louder and louder. Instagram lives, podcasts, books, retreats. The reporters of the new paradigm is getting louder and louder. So we are reporting about possibility, and that voice is becoming louder. So I'm pretty stoked about that. So even though I can look at what's happening in the present moment, I can see intuitively what's trying to emerge and I speak from that. It fuels me. I wake up with a sense of lightness in my spirit. I don't deny that X amount of people just got killed over the weekend of from assault rifles. I don't deny that someone goes into a church and kills people. They're demented, they're sick, I don't deny that. I'm not denying the pain and the suffering that humanity is going through, but I also can't deny the arc of evolution that's taking place, in that we're hitting a point where people will say, this cannot happen anymore. That there's going to be so much pain and suffering, people will say, you know what, this has got to stop. I feel the pull of the future, which I'm living in it now. And this came about because people keep asking me--

Darin: What do you do?

Rev. Michael: What do you take, what do you take? And I say, "Okay, I put this green, I put this in it, and I put this in it and then I take Rhodiola, and then I take ashwagandha and I take maca and I put it in my shake, and I do--" That's a lot of stuff. It's what I do. So it's doing all that, we just created this and said you take one scoop, you get all the stuff I take pretty much. In one scoop, your body gets the minimal requirements. Now take it, leave me alone and subscribe to it.

Darin: There it is. That's it. Well, if you wouldn't mind, I would love for you to drop in and do a little prayer for everyone who's listening or everyone who needs to feel something and selfishly I'd love to hear that.

[00:50:20] A collective prayer moment

Rev. Michael: I would invite everyone to just come to a complete stop. Now if you're driving in your vehicle right now, don't do this. Just keep your eyes open, and just be with the feeling tone of this. But everyone else put your feet on the ground. This foot today have our hands in our lap facing upward as a sign of receptivity. As I invite each and every one of us to move into a state of gratitude for anything or nothing at all. This allows ourselves to be extremely grateful and thankful that we are alive that we exist. In this consciousness of gratitude. Our perceptual windows are becoming clean and clear. We're able to see better through the lens of gratefulness and thankfulness. We're able to recognize to recognize that there is a presence that's never an absence called by millions of names, life itself, infinite presence another Father God, the living one, divine intelligence, infinite love, whatever name we choose to call it, we now call it forth as the activity of our awareness as I feel that I am at one with this presence. And from the depths of my own being, I have the privilege of speaking this word for each and every one of us knowing that this word is the vibrational frequency of wholeness, of vitality, of vigor of wellness of well being, I get to speak for each and every one of us knowing that as I speak, it's something wonderful is occurring, that every organ action function of our being is now being made every weird hole, every organ action function of our being, is coming under the aegis of the celestial body so that wellness and well being reigned supreme, I speak the word that the feeling tone of all needs met become so fired up



within us, that we're able to feel that in the midst of seeming lack, the grace of abundance takes over our life, that harmonizing prosperity, not materialism. But harmonizing prosperity well being unfolds through us right now. That inspired wisdom moves through us and the language and in a way that we could understand. And it comes forward as guidance and wisdom that allows us to be safe and secure here. And now. This is the word that I'm speaking it's a vibration. It's a frequency that's now becoming so active in each and every one of us, that we can walk on this planet in the world, as it appears to be, but not of the world as it appears to be. We're in this world where we are the unfolding of more good than we could possibly imagine. And that's called grace. This word is serving as a law of elimination to anything that would hinder delay or obstruct this, that we may be free and sovereign, and allow ourselves to anchor the realm of ever-expanding good, which is another name of heaven on earth, as it is in the heart mind of the infinite. We are not dying to go to heaven, we are dying to our littleness that we can reveal heaven is at hand right now through us, our thoughts, our words and our actions. I give thanks for this. And I allow it to be so therefore I can say unequivocally and so it is now and forever. Amen. And gosh, life is good. is so good. And what a perfect environment. Possibilities are endless.

Darin: Dude, thank you.

Rev. Michael: My joy.

Darin: So much. My life is full.

Rev. Michael: So as you do, they can tune in agapelive.com and just get the juice.

Darin: Some serious juice. I encourage everyone to juice up.

Rev. Michael: It's organic. It's straight from the source.

Darin: Boom. Well, thank you, my friend. I'm grateful.

Rev. Michael: A little shout out to Shawn Stevenson for bringing us together again.

Darin: Shawn Stevenson, the Model Health Podcasts. He is a brother. He is an amazing human. I love that guy. Thanks, Shawn and thank you.

Rev. Michael: Thank you, Darin.

Darin: Appreciate it.

Rev. Michael: I appreciate you, man.

[00:54:17] Podcast Outro

Darin: Thanks for tuning in to this episode of The Darin Olien Show. I hope you took something valuable away from this conversation that will help improve your life in some way. If you'd like to learn more about my incredible guests, you can find all of their information in the show notes on my website. If you enjoyed this episode, or even you didn't like it, please rate this podcast. The team and I value your feedback so we can continue to give you the



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