



## The Benefits of Fulvic Acid & BLK Water | Jackie & Louise Wilkie

### [00:00:00] Guest Intro - Jackie & Louise Wilkie

Darin: Hey everybody, welcome to show. This is Darin Olien. This is The Darin Olien Show. How are you doing? What's going on? How's life? What are you doing to generate the life that you want? What are you creating? What are you doing? What are your daily habits every day to generate the kind of life that you want, to generate the body that you want? What kind of water are you drinking? What kind of sleep are you getting? What kind of superfoods are you taking? What kind of salads are you making? What kind of relationships are you having? That's what life is all about, but I digress. My next guest, Jackie, and Louis Wilkie are two sisters who had a mother that was fighting the effects of radiation chemotherapy with cancer, and they've always preferred natural methods to healing. I do too. They wanted to find ways to support their mother. And what they found was fulvic acid, fulvic minerals, fulvic and humic minerals that are the basis of ancient plant materials that the Ayurveda, the ancient Vedics have shown that they've been using it for 10,000 to 20,000 years in the great Indian traditions. So this is all about the foundation story of how the love of their mother found and uncovered that which I am using to this day, BLK water. It's a great brand that they created. I use the BLK drops every single day in my dog's bowls, in all my water because it's giving the electrolytes, the electrical conduction, the base elements that our water actually needs. So the shilajit, which is the cornerstone of the fulvic, and so when we give it, these trace minerals, these electrolytes, these negatively charged ions with balanced pH and alkalinity, it helps to chelate heavy metals that help to regulate the core base of biochemical activity in the body. It helps repair and lowers inflammation. The antioxidants in it help the skin and nails. We need it in our water. So I use a little Himalayan salt here and there when I really feel like I've sweated a lot but I use BLK drops all the time. I use the fulvic minerals all the time. I've used it well before BLK showed up, but they just have it in a presentation with not only their water source, and I'm helping them get out of plastic and we're using recycled, we're getting into aluminum, we're getting to glass, we're doing all that stuff. So I'm helping them also doing projects that are going to help gobble up plastic over the next few years. So, the company is committed. The Wilkie sisters set out to support their mother and created a company now that can support you. Fulvic and humic minerals go on and on and on in terms of its beneficial properties. It's not an infomercial about fulvic. I am just passionate about core principles stuff here. So, enjoy this conversation you all can relate because when someone gets sick or hurt, and we love them, we want to support them. If they're willing to receive, we can give them support by learning and exploring, going back to the real traditions that have been passed down by the indigenous for 10,000, 20,000, 30,000, 40,000, 50,000, 60,000 years of Aboriginal knowledge in Australia. So I don't know about you, I'm betting on the ancients. That's what I'm betting on. I like research. Research is always behind. Observe nature, follow nature, regenerate with nature. Okay, I'm gonna stop there. Enjoy this great conversation with the founders of BLK water of the fulvic phenomenon, enjoy Jackie and Louis Wilkie.

### [00:04:32] Podcast Intro



Darin: You are listening to The Darin Olien Show. I am Darin, and it is my life's mission to find and share healthy and sustainable ways of living. In this podcast, I talk to inspiring people and professionals from around the world to uncover ways that we as humans can improve our lifestyles, strengthen our mindsets, and take better care of this beautiful planet we call home. If you're looking for motivation to take the next steps towards a happier, healthier life, then you're in the right place, and I'm stoked that you're here. So let's do this. This is my show, The Darin Olien Show.

### **[00:05:16] First Part of the Interview**

Darin: I love your Genesis story so much. I think everyone can relate. I also love the entrepreneurial story, and the third major pillar, I think, that we were going to get into is the fulvic minerals themselves. So, let's just really talk about how you ended up developing this really hadn't been seen in this way, the fulvic minerals in a drink, in a usable way. Yes, shilajit has been used in Ayurveda for probably around 20,000 years. It's an oozy plant, decomposition of plant materials, so it's very difficult to use. I've used it before, but in this way, you guys really did a couple of things. And I want to hear about the story, you helped your mother, and then you help the world, getting out what really we all need again, and that is ancient plants in the magic and the materials that they really have. So, tell us about your journey of this discovery and the challenge that you had with your mother.

### **[00:06:28] Why fulvic minerals?**

Louise: So our family, we had a manufacturing plant in Canada. It was organic and natural food products that we put out. Jackie and I love, not just the sales side of it, but we really enjoyed getting into healthy things and new products and that sort of thing. It was kind of a natural fit that when our mother got sick, we kind of thought, oh, let's see what we can find that will help her. So while she was going through her chemo and radiation, one of the things that we came up with was fulvic acid that we found, and the more we dived into it, the more impressed we were with it. We heard about that, actually, before **[00:07:07]** so I'm not sure why, but I think it was a supplement form we had because you do have to be careful with your supplements and the quality and its source. Anyway, mom responded really well. And we were surprised at that because when things were good for her, she tended to kind of balk and dig her heels and say, oh no, I'm allergic to water, but we used to sneak it in her coffee and her tea, and it would make everything kind of go dark black and whatnot. We kind of one day, sitting there looking at it going, this is kind of cool, and we ended up taking it to the plant and creating a beverage out of it, and that's what we took to a trade show in California Expo West, launched it there, I guess about 12 years ago.

Darin: Amazing. So, unpack that a little bit because I think so many people can relate to people getting sick, your mom having cancer and really, there's not a lot of options from a "conventional" direction. A lot of it has to do with radiating and burning and cutting and all of that stuff, which there might be a time for that but also, usually that is created from an environment of surroundings and lifestyle and everything else. What kind of cancer did your mom have? Obviously, you were both into natural health. So you already had that inclination to hey, we need to get her full of healthy materials.

### **[00:08:45] When cancer gives you no other options**



Louise: I think when it's so personal, you become a little desperate and so you will look at everything. For us, we tried a number of different things, but it was her comments on taking the fulvic acid that really surprised us, and that's what made us actually go further with it because we wouldn't have if she hadn't responded as well as she did. So we were excited about that. She wouldn't give up her traditional medicine and we didn't know enough to savaiya your name. We just wanted to do whatever we could do as daughters, and it really did make a difference for her. It was exciting and she did live longer than she was supposed to technically, and she had a pretty good quality of life. It was breast cancer that became bone cancer. It was bone cancer by the time we started giving her fulvic.

Darin: You have to let people go through their own journey. Obviously, your mom's dealing with something that is challenging beyond what most people can even comprehend. It's scary to step outside of the normal especially when you have authority figures as doctors saying hey, this is what we have to do. Especially from that generation, they're just like okay, I'm listening to my doctor. At the same time, you guys found fulvic and started like hey, there's no downside, at least you didn't see any, and now we know there's definitely no downside of adding in this incredible compound, full of compounds, into someone's daily activities and consumption. What was it when you were scouring around and looking, what was the thing that kind of jumped out at both of you about fulvic and go, whoa, that's something we need to use and utilize and get into her diet?

Louise: Well, initially, the thing that jumped out at me was the chelated heavy metals and toxins, and radiation. So that was the main thing for us. It's like, oh, take that on everybody, that'll make a big difference and it did. Radiation and chemo inflamed the body.

Jackie: We know that fulvic acid, one of its big components are helping with inflammation.

Louise: And inflammatory.

Darin: It's really assisting your mom's body going through something really challenging, even in the "treatment" of it and all these cancer protocols like that are incredibly taxing and challenging for the body, and it's dealing with its own toxicity. So you're like, whoa, let's just assist her body in dealing with the kind of toxins that are going to happen from the chemo.

Jackie: If you think of fulvic acid as a single molecule that can hold 60 times its own weight, think of an ant. A little tiny ant can hold 20 times. So that little molecule is just scrubbing, taking away all those nasty toxins, and that's what really caught our eyes. I mean, it's the smallest molecule on Earth, and yet it can absorb the most, and we thought that was fascinating. We're not scientists so for us, it was just kind of learning. Once you know one little piece, you want the next little piece and the next little piece to understand it.

Darin: All good scientists also want that too actually. That's the curiosity of this stuff. I always have someone who's studied plants and looked at plants all around the world. I'm continuously blown away by the following of nature, and seeing the power of nature and what it can do, and you brought up something really important and that is, nature has put it, as plants, it has chelated the minerals out of the soil, transmuted them into then the plant and then those, in this case, the minerals and vitamins. Also, there are antioxidants and other compounds in here. They've created it in a way that's the right size that's symbiotic to



humans. That's the beautiful thing because it's so easy. Certainly, and you talked a little bit about this in terms of supplementation. This is the Wild West, you can literally just buy a supplement, and you've got magnesium and calcium, and it's calcium citrate. If you really look at it, these are big molecules that are not cellularly receptive and they're different sizes. So it's not even in the same category as taking in something that is absolutely of nature, created and manufactured by nature. Then when you take that, the right size molecule, I think it's angstrom size, they say that goes in and out of the cell to create the osmolarity within the electrolytes and everything else. Again, in this instance, it's very, very important to get your electrolytes and these minerals and these compounds and these antioxidants, these anti-inflammatories delivered from this decomposed ancient plant material that have already encapsulated all of these incredible compounds that we need as humans. I just want to make that distinction because people get blasted all the time with buy this supplement, buy that supplement, and they're definitely not all created equal, nor are many of them creative by nature.

### **[00:14:05] How fulvic acid clears up the confusion with supplements**

Louise: Absolutely. I always kind of wonder, are all these supplements out here and the recommended daily dose, and you kind of go, but how do I know exactly what my body needs without doing a lot of testing and research on that. So if you go, yeah, I'll take the multivitamin, you still might be getting not enough, or maybe too much of anyone is saying. The beauty about fulvic acid is it gives you what you need in order to move forward. It's a transporter of nutrients. So it's really efficient at doing that as well.

Jackie: But I think if you just go back to the soil, today's farming practices, that we depleted our soils, the fertilizers that we use, we just stopped using DDT in 1972, and they're still finding it in animals and that's wild animals, then you take the feedlots. Everything that we're doing today and taking away from those natural practices, I can't remember the exact date, it was the 1990s when they actually turned around and said, this is organic standardization and people became more interested. I think because we're not getting those minerals, and then you get the fulvic minerals, and they are so potent, and so healthy, especially on the source because not all are created equal. You'll have fulvic minerals that are all over the world in small deposits. But it's the one that's from decaying plant matter, that is the best source and they're millions of years old, in the rainforest or lake bed, you want the powerful ones.

Darin: Which is different. Again, even in this supplementation of fulvic and shilajit and everything else, you can get it from more virgin peat moss source. You guys really were the catalyst to get this fulvic, this humic, this incredible material out in the world in a much more usable way for normal people. Now the market is starting to flood. It's starting to come in and again, I've spent a career working on source, and what you're saying is so true. I've spent time with the quality control at the company and research and development, and it's like you guys really do a lot to obviously the testing protocols, make sure it's clean and not affected by the modern-day world. Because again, now we have to really watch out because what was not contaminated can be contaminated from these kinds of weird-ass practices that we've been doing way too long. Now, it begs us to kind of emphasize what you just said, and that is this understanding or this lack of understanding when we started mono-cropping. It's like, we're expanding, the population is exploding, let's just grow food. But at the same time,



we started abandoning the indigenous way of growing and that was always regenerative, that was always with the flow and only taking what you needed. Whereas now, we're using soil as a medium to hold up plants, putting inputs in the soil, and also using pharmaceuticals and pesticides and herbicides, genetically modified, and we're losing our topsoil. So it's that whole thing where we divorce nature. That's where I really love that this is a way for us to get back in touch, and our bodies to be filled back up with these ancient materials. This is where I love business. This is where I love capitalism in this way because this is like, hey, listen, we're missing something. Because of all of these reasons, we knew in the early 1900s, I did some deep dives on this, the early 1900s, they knew that the food in the '20s, the food itself, a potato had lost 50% at that time, of its nutrients. It just kept going and going and going, and we just kept doing that. That's where the ancient Dust Bowl came in. They're like holy shit, we're going to kill ourselves by our practices. And largely, we're still kind of archaically doing similar things. Thank God, regenerative Ag is starting to wake up and people are starting to put that. But this is a microcosm of what someone can do to their health again, saying listen, the quality source of fulvic and humic ancient plant material that are giving essential electrolytes, minerals, and antioxidants and anti-inflammatory principles in there by following nature. I'm sorry for going off, but it's just applauded. And I love the entrepreneurial side of this thing because you were only setting out to help your mother and then you said well if it's helping her let's help more people. So what was that light bulb moment?

#### **[00:19:05] Creating BLK**

Louise: It was out of ignorance because we had no idea. When we first launched and we launched it here in Canada and then we found out we couldn't sell it here, it wasn't approved in food. So we ended up taking it to the US and we've had a lot of resistance. Why would they drink water that's black? What's fulvic acid? Oh, you mean folic acid? No, fulvic acid. There were a lot of things to overcome and we still get people going, oh no, I couldn't drink anything that's black. Well, you drink coffee, you drink Coke. And as soon as it comes in your water, I mean, people will say will it stain my teeth, will I pee black. Honestly, we get that asked probably, I don't know, at least 10 times. So, it's just a mindset of trying to tell people or let them know that there's so much more behind it than the color of the water. I think it's quite a magical beverage. I so strongly believe in that.

#### **[00:19:57] Bite Toothpaste Ad**

Darin: Okay, let's talk about toothpaste. Most of us are still using toothpaste in tubes, and they're sitting in landfills for years. Not to mention, there is a ton of harmful chemicals, artificial flavors and preservatives that are found in these tubes that you're putting in your mouth. Ingredients like sulfates, palm oil, glycerin, and you're swallowing little bits of this all the time. Do you know a toothpaste doesn't contain these ingredients? Bite toothpaste. Their toothpaste, Bites, are made from completely clean ingredients, and they come in refillable containers that make it really easy for you to take care of your teeth, while also taking care of the planet. Your refills are delivered in compostable pouches. And trust me, once you start on the Bite toothpaste, you'll be ordering the refills. I guarantee it. I know I won't be going back to the conventional toothpaste tubes. No way. Using bites toothpaste tablets is so easy and honestly, it's kind of fun because you crunch down on them as thinking that they're little mints. I just bite down and the tablets turn into the unnecessary foam that we need and then you just go at it and it leaves your mouth feeling incredibly fresh. Bite also offers plastic-free



alternatives for everything in your bathroom sink. That's right, from toothpaste to mouthwash, to toothbrushes and deodorant. You can now cut out the harmful and harsh chemicals and plastic waste all from this one company. To try Bite today, they're offering my listeners 20% off your first order. Go to [trybite.com/darin](https://trybite.com/darin) or use code DARIN at the checkout to claim this great deal. That's [trybite.com/darin](https://trybite.com/darin).

### **[00:22:12] Second Part of the Interview**

Darin: With everything or anything that is trying to get in the marketplace, people just need to be educated. Still to this day, people still be like black water, you want me to drink soil? Let's just be clear, it's not soil. Soil is a healthy version of the dirt that has all kinds of other constituents in it. This is deep, decomposed plants, which over time come together with soil and make soil like-- I even add the fulvic to my dog's food, my dog's water. My greenhouse out there, I give a boost to the composter. These are ancient materials that can boost all of these different things plus our animals, and that's the most important thing to understand. And I think this is kind of a side topic, but it's alarming. I've been in Africa several times on water projects. We've gotten about 800,000 kids clean water that didn't have it. Literally, there were kids that you're looking at them, and I was showing them how to use a filter. They literally were scared because they never saw clear water, never in their life. So they're going around with jerry cans and playing Russian roulette with dirty water with zero understanding that this is what actually clean water is. They've never had clean water and we're sitting there arguing over what the water is but again, I get it, people need to educate themselves and understand, but the electrolyte world is also nuts. It's nuts. It's the same thing because I could take sodium bicarbonate, I could put it in water, I could boost the pH, and sell it as a perfect "pH" water, which is completely crap. You can create electrolytes, you can create boosts, you can create the Gatorades of the world, whatever. It doesn't mean that they're doing anything, it doesn't mean that they work. This again is the best sports drink. It's the best homeopathic way of getting electrolytes in and it just so happens to be dark.

### **[00:24:36] Natural electrolytes**

Louise: And it's the Earth's most natural, powerful electrolyte as well as being a super support oxygenator. I have a girlfriend that is undergoing chemo right now. She's well connected in the medical world, and she had just finished a chemo session and the first thing they offered her was a blue Gatorade. It's full of sugar. I don't even want to go into when it's good because this is my personal opinion, but it's so not what somebody needs after chemo, and that's coming from the doctors. So there's an education all over. Some people don't believe in a healthy lifestyle. They believe that the pills will cure you, and we're just not of that school.

Darin: I mean, listen, if anyone still believes that, then they're not even in touch with their human, the common sense. How can any person who is above ground with any common sense saying a blue drink in a plastic water bottle made from dye this and corn-derived sugar from genetically modified organisms that clearly haven't looked at anything beyond what's in front of their face? And listen, there are smart doctors out there, but we have to pull the wool off of their eyes and just go, listen, that's the most important, we have to take our control back of the individual and say if I'm in the hospital for whatever reason, they're giving me Gatorade, I'm gonna say not a chance in hell. Number one, added sugar, not fruit. Added



sugar is like nitric oxide for cancer. Why the hell would any hospital on the planet be doing anything like that?

Jackie: They said it was for the electrolytes benefits and the sugar is good for her to get her appetite back, energy.

Darin: How about a freaking orange?

Jackie: I encouraged her over some BLK drops immediately.

Darin: Yeah, a good orange and some BLK drops and you're infinitely better than any of that stuff. I deal with this all the time. And in terms of seeing the modern-day world that we have somehow found ourselves in, and then our instincts and our common sense are just sometimes not even in the same stratosphere because there are certain things like we're putting EMFs, blasting us every day all day with electronics. We're electric, I don't know if you need to blast yourself all the time with that stuff just so that you can have a faster download. So all of these things, if anyone doesn't believe you're electric, then how is it that they're monitoring your heartbeat. But then back to fulvic, those are electrons, protons, that is what and water moves electricity. That is our cells. So when we give our body the electrolytes it can use, going back to this angstrom size that is naturally within fulvic, our body can use this on a cellular level, and our conduction of electricity of hormones, anti-inflammatory of proper metabolism, all of this stuff just runs infinitely better because it now has the sparks of life. You can do all you want and don't have to "believe" in everything, but your body has to deal with your nonsense. It's like if you're not gonna get the electrolytes, those are principles to having a body, just the way it is. You need electrolytes or literally you die. Literally, your heart stops. So let's just peel back the delusional layers here and say, hey, listen, you two have created the foundation for us, as a populace, to go back to nature, and extract nature's basic powerful principles here in fulvic and be able to consume that again. So I just want to say thank you for doing that because it's just such a necessary common sense. I like just the basic stuff that people are probably not doing. It's a no brainer. Water, electrolytes, do that every freaking day.

Louise: And Mother Nature will do photosynthesis and humification and the combination thereof is all good.

Darin: Exactly. You don't have to understand the photosynthetic side of things but you can reap the benefits of trusting the plant over a lab coat. We're not saying that there are no places and spaces and times for great doctors. Clearly, that's not what I'm saying and that's not what you're saying, but it is the core principle of how we take care of ourselves every day. That's what I'm so passionate about that no matter how much time goes by, no matter what fad happens or not, what we're talking about here today, these plants, electrolytes, and molecules, we still need.

Louise: Not going away.

Darin: And dare I say, the oldest health care system on the planet is Ayurveda. Even predates traditional Chinese medicine. The cornerstone of many of their protocols and principles is fulvic and humic. Listen, if you're going to all of a sudden divorce all of that, and



then go back and go, it doesn't matter if I drink this blue Gatorade, then be my guest. That's Darwinism at its best. But this is where I just get passionate because we need to kind of understand this and peel back the layers because we've gotten a little distant from our instincts. We're living mostly inside, which was completely the opposite. So we've numbed out a bit.

Jackie: We fight against ourselves. We have to not be lazy. We have to be proactive. We have to keep pushing the envelope on that. We've got wonderful platforms to be able to do that now that we can be educating and learn about things at our fingertips.

Darin: We haven't nerded out too much on this because I just wanted to talk about this origin story but there are so many benefits on BLK's website on the studies, and I've scoured the studies from down regulating certain genes, upregulating beneficial genes to inflammation going down to antioxidants to increasing intestinal permeability. It just goes on and on and on. Again, I'm reading stuff on DNA damage down to using a Bluetooth. Again, if we can implement more and more things that are going to improve our daily function, we need to do that because we're getting hit in a lot of different directions these days. So, this is where fulvic just really simply replenishes our body with these natural derived compounds.

Louise: Well, we've done a really good job of polluting our air, our ocean, our soil, and then the runoff from the soil that goes into our streams, which goes into our animals, and trihalomethanes that it creates in the water. And you take all of that, and if we don't start to do something to protect ourselves because we're being attacked constantly from these outside forces, whether it's just gas off your car, do so much.

Darin: You're so right. We're sprinting autism rates and Alzheimer's and dementia and Parkinson's, chronic inflammation, fibromyalgia, heart disease, cancers, all of this stuff. And at the core, the signaling and things go off rails when we don't have these basic elements, these basic principles. Again, we just have to be more and more diligent over doing these things that create the foundation for us to deal with this. Because again, we obviously know that the immune system is super important more than ever. So obviously, when you have the basic components found also in fulvic, your immune system is infinitely supportive, the antioxidant activity, digestive and absorption of food, and digestive permeability. There are just a ton of necessary things that we don't have to suffer from. That's the thing, we don't want to suffer but we need to take as a person a bit of sovereignty back. Listen, if you just continue to do whatever, your body is dealing with all of this stuff. It's pretty simple. In this instance, I love the drops. They're everywhere with me. I'm going to London next week. I'm bringing tons and putting it in all my water and bring my glass bottle, and when you can't get it in a glass, pour in there, put in there, let it do its thing. It just feels good too when you know you're doing something good and you align yourself with that and be in integration and continue to take that back. Can I turn down the amount of radiation I'm getting on a plane? No, but I can certainly build and keep myself as strong as possible by doing this and eating well and all of these things, and that's the thing. Once these become a habit, they're habits. I don't have to think about my BLK drops. They're just with me all the time.

Jackie: Just like you, everywhere we go.





Darin: What are you guys now excited about like for the company, for the business? What would you like to continue to see or just anything that you're excited about?

**[00:34:51] The future of BLK water**

Jackie: Innovation of new products. And we hear that you have a fulvic-base innovation coming up, and we were really excited about that.

Louise: Yeah, that's great.

Jackie: Why don't you tell if you can.

Darin: I was so excited because I've talked to water scientists before, Dr. Lee Lorenzen. I was talking to him earlier and even before I was starting to do this stuff of BLK. He was like, I use fulvic because it's an amplifier. It certainly can support compounds and create amplification, obviously, water itself is a whole other rabbit hole. So, when I got the chance to put my formulation path back on because I did a bunch of products for Beach Body over the years and had great success, but I was so excited to get into the liquid side of things and use fulvic that I'm like wow, if we can use fulvic as a base and then find new and exciting compounds that need to be in the world that are not in the world and create it in a way that we can put this combination together. I love alchemy. When you put one and one together and you get 10, that's nature working in its magnificence. So you guys were on that call. It's super exciting. Over the last 6 months, I've really spent a lot of time finding a great supplier. I guess we can tease this out a little bit. It's out of Australia and some new innovations in certain compounds. I probably won't say what they are yet to the public. I think you guys heard a couple of them on the call, but we'll just keep that a little closer, but they're compounds that have never been commercialized before. The extraction process, the quality control process, the full spectrum of the plant. No extraction that I've ever seen has been able to extract all of the active constituents of a plant before. So, combining that with fulvic and plus we're working on some real innovations in terms of its sweetening system and things like that. So, this is a really exciting project for BLK, and I love this stuff. I love being able to find, explore or learn. So, we're hoping in the next couple of months, they won't be out on the market yet but will at least be something delivered to the company and then we'll have to work on-- And by the way, it's connected to the indigenous people of Australia so we have fair trade. We're supporting them and we're supporting the environment, and making sure that as much as possible, the more you support a rare species, the more it doesn't get in and imposed upon by other commercial practices, dare I say. If you create value, it already has apparently value, but somehow the world got turned upside down and we want to strip things and put cows on the property, so if we create value back, then we can support ecosystems because people like the BLK crowd will be like, I'm gonna try that product, I wanna support this, and I'm gonna get the benefits, the indigenous will get the benefits, the environment is gonna get the benefits, and that is again conscious capitalism where there's no one who's gonna suffer in that process that we're all gonna benefit. For me, when I look at formulations, I look at all of that because that's the way we should do it. Anyway, that's a little teaser.

Jackie: It's exciting. We were certainly excited. I hope we're one of the first ones to test the product.



Darin: Of course, that's not even a question, for sure. Well, I'm so grateful to have talked with you all and I'm happy to be part of this team. Again, just a rabid fan of the product, and hopefully people will know a little bit more about this incredible fulvic and humic delivery system with BLK and that it's really easy to work on a foundation, and being the founders, we're grateful. So, thank you.

Jackie: Thank you so much.

Louise: Thank you and we're happy for your incredible enthusiasm and your curiosity.

Jackie: You're a maverick out there. Love it. Great.

Darin: Well, light attracts light I guess then.

Jackie: Thanks so much.

Darin: Thank you.

#### **[00:39:16] Podcast Outro**

Darin: Thanks for tuning in to this episode of The Darin Olien Show. I hope you took something valuable away from this conversation that will help improve your life in some way. If you'd like to learn more about my incredible guests, you can find all of their information in the show notes on my website. If you enjoyed this episode, or even you didn't like it, please rate this podcast. The team and I value your feedback so we can continue to give you the most value possible. We want you to get the most out of every podcast. So please rate, subscribe, share anything you feel called to do. I truly appreciate it, and I love and value your support. So, thank you, and I'll meet you in the next episode.